

Faculty Profile

Name : T.RAJARAM

Designation : DIRECTOR OF PHYSICAL EDUCATION

Address : 165 CHELLAM NORTH STREET
RAJAPALAYAM
VIRUDHUNAGAR DISTRICT.

Contact Number : 8883382285, 8610294849

Email ID : rajaram030381@gmail.com

Date of Joining in Collegiate Education : 10.05.2017

Date of Joining in the Present College : 10.05.2017

Academic Profile :

Degree	Institute / College	University	Period
B.Sc	Ayya Nadar Janaki Ammal College, Sivakasi.	Madurai Kamaraj University	1999 - 2002
B.P.Ed	Maruthi College of Physical Education, Coimbatore.	Bharathiyar University	2002 - 2003
M.P.Ed	Pondicherry University, Poindicherry.	Pondicherry University	2004 - 2006
M.Phil	Annamalai University, Chidambaram.	Annamalai University,	2006 - 2008
NET	UGC		2006
NIS (Cert)	Lakshmibai National College of Physical Education, Thiruvananthapuram.	Trivandrum University	2008

Teaching Experience : 3years 7months

Name of the college	Posting held	Period
Chikkanna Govt Arts College	Director of Physical Education	2017 to till date

Paper Presented

S.No	Conference	Venue	Title
1.	International	VIT, Vellor	Hockey Injuries and Prevention Strategy
2.	International	MAM Engineering College, Trichy	Effect of Physical exercise and Yoga Practice on sugar patients.
3.	National	Pondicherry University, Pondicherry.	Health and Fitness
4.	National	Alagappa University, Karaikudi.	Best poses of Yoga for women
5.	National	Alagappa University, Karaikudi.	Cardio vascular Endurance

Paper Published

S.No	Journal no	Title	ISSN
	UGC Journal No :- 48514	Effect of selected physical activities on bio-chemical variables among university level cricket players.	2249 – 8948
	UGC Journal No :- 44404	Effect of aerobic, anaerobic and co-ordination training on selected skills in college level men field hockey players.	2456 - 0057

Awards and Honors

- Represented Bharathiyar University Hockey team for South zone inter University tournament held at Bharathidasan University, Trichy.
- Represented Pondicherry University Hockey team for South zone inter University Tournament held at Annamalai University and Madurai Kamarajar University, Madurai.
- Passed Tamil Nadu State Technical Official for Athletics.
- Appointed as a Hockey Coach for Anna University, Chennai, Coimbatore Hockey team and Bharathiyar University Hockey team.

